

High School M.U.D. Retreat

January 15th - 18th 2010

“**Energy**”

Psalm 121



High School M.U.D. Retreat

Making United Disciples – January 15th – 18th 2010

Energy

You've waited all year for it, now here it is,
MUD 2010: Energy!

Come be a part of an amazing getaway experience as hundreds of high schoolers converge on Cascades Camp in the middle of the winter 2010.

Escape the grind of school and sense the awesome 'energy' of the body of Christ through great main-stage worship sessions, focused seminars on what's really important, killer activities & plenty of laidback, chill time with friends, new and old.

Leading us this year is Melissa Wall from Deergrove Covenant Church in Illinois. Couple Melissa with our off the hook worship team and you know that each session is sure to bring the energy!

Talk to your youth pastor or youth leaders and get registered now!!

The Packing List

- Bible
- Camera
- Good attitude
- Pillow
- Sleeping bag
- Flashlight
- Deodorant
- Towel/wash cloth
- Good walking shoes
- Notebook and pen
- Open mind
- Warm jacket
- Clothes for mud
- Toothpaste, brush
- Soap/shampoo
- Spending Money (optional)

**In order to prevent loss or damage please leave all electronics, including phones, ipods and other mp3 players at home.

2010 M.U.D. Retreat Registration

Name _____

Gender _____ Grade _____ Birthday _____

Address _____

City _____ State _____ Zip _____

Home/ Parent Contact Phone _____

Email Address _____

Church _____

Health Restrictions/Dietary Needs _____

Parent Permission: The above named child has my permission to attend camp. I/we understand that the camp environment and activities pose risks to personal health and safety, including the particular risks inherent in waterfront and horse-related activities. I/we hereby agree to hold harmless the North Pacific Conference, the Cascades, and the camp staff in the event of injury at camp. I/we give consent for medical care in the event of injury or illness. I give permission for use of photos of this child in publications and release my right to any remuneration from said photos.

Signature of Parent/Guardian _____

Print Name _____

Emergency Name _____

Emergency Contact # _____

Registration

	Student/Leader
On/Before January 1st	\$110
January 2nd - 12th	\$125

LAST DAY to Register: Tuesday, January 12th

